

A great deal of research has been done about the ill effects of prolonged sitting. Research shows that those who sit for most of their day are at greater risk for health problems such as obesity, diabetes, and heart disease. The same research shows that even those who exercise daily are still at risk if they are seated for most of their day.

A standing desk is the best way to offset the negative effects of sitting all day. With a push of a button, go from sitting to standing with ease. Start taking a stand at work. Increase productivity, creativity, live longer, and work injury free.

## **FEATURES**

- · Adjustment range from 22" 48" high
- Programmable memory heights
- Supports 36" 84" W worksurfaces
- Quick adjustment speed at 1.4 in/second
- · Low 43 dB noise level
- Designed and tested to support up to 200 lbs.
- 1.25" thick worksurface with HPL laminate, balancing-backer sheet, and 3MM edge
- MAS® Certified Green
- Limited lifetime warranty on desk
- · Made in the USA

## **OPTIONS**

- Black or Silver base
- Incorporate the electronic sit-to-stand option in almost any desk design



